

# Does Sexual Orientation Relate to Health and Well-Being? A Propensity-Score Matched Analysis

Christi L. Nelson<sup>1</sup> & Ross Andel<sup>1</sup>

<sup>1</sup>University of South Florida, School of Aging Studies

## Background

Minority Stress Theory

Lesbian, gay, and bisexual (LGB) adults aged 50+, relative to heterosexual adults, have higher rates of:

Mental distress<sup>1</sup>

Depression<sup>2</sup>

Smoking<sup>1,3</sup>

Excessive drinking<sup>1</sup>